



Key

- Green - Free from EBOLA
- Yellow - Highly at risk
- Red - Danger zone

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MINISTRY of HEALTH
REPUBLIC OF BOTSWANA



MOLAETSA KA EBOLA MO GO BA BA TSAYANG MESEPELE

Matseno

Lephata la Botsogo le itsise setshaba gore go tlhagogle bolwetse jwa Ebola ko mafatsheng a Bophirima jwa Africa (Guinea-Conakry, Liberia, Sierra Leone le Nigeria). Go na le kgonagalo ya gore bolwetse jo bo ka anamela mo mafatsheng a mangwe.

Batswana ba ba tswang ko mafatsheng a a amegileng ba tlaa tlhatlhabiwa ke ba botsogo mme go tsewe dikgato tse di lebanyeng. Batho ba ba tswang ko mafatsheng a a amegileng ga ba na go letlelelwa go tsena mo Botswana go fokotsa kgonagalo ya go tsisa bolwetse. Batho ba ba tswang ko mafatsheng a bophirima jwa Africa a a sa amiwang ke bolwetse jo e se Batswana ba tlaa tlhatlhabiwa ke ba botsogo.

Ebola ke eng?

Ebola ke bolwetse jo bo itshupang jaaka mhikela mme bo bakiwa ke mogare wa Ebola.

Dikai tsa bolwetse jwa Ebola ke di fe?

Bontsi jwa dikai tsa bolwetse jwa Ebola di itshupa jaaka tsa mhikela. Di akaretsa; mogote o ko godimo, tlhogo e e opang, mesifa e botlhoko, ditlhabi kwa tlase ga mpa, mometso o botlhoko, go kgwa, bogwata jo bo kgaletseng madi, matlhatsa a madi, letshololo, go tswa madi ka dinko, molomo kgotsa phatlha epe fela mo mmeleng le go sa heme sentle.

Ke mang yo o mo diphatseng tsa go amiwa ke bolwetse jo?

Mongwe le mongwe o mo diphatseng segolo thata badiri ba botsogo, ba losika le ditsala kgotsa mongwe yo o ka amanang le molwetse kgotsa setopo sa motho yo o tsenweng ke mogare wa Ebola.

Fa o ka etela ko mafetsheng a a amegileng netefatsa gore o diragatsa tse di latelang:

- Itshireletse mo go amaneng le madi kana matute ape a mmele wa molwetse.
- Se amane le di dirisiwa tse di dirisitsweng ke molwetse wa Ebola.
- Se amane le setopo sa motho yo o neng a lwala bolwetse jwa Ebola.
- Se amane le diphologolo tsa naga le nama ya tsone
- Tlhapa diatla ka metsi a a phepa le molora ka nako tsotlhe.
- Se etele mafelo a go okelwang balwetse ba Ebola teng.

Go itse go feta fa leletsa mogala wa mahala wa

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kgotsa o etele

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